**GI For Kids Pediatric Gastroenterology and Nutrition Services**



**Excellent Care Every Time**

**1975 Town Center Blvd ∙ Knoxville, TN 37922**

**Phone (865) 546-3998 ∙ Fax (865) 546-1123 ∙**[**www.giforkids.com**](http://www.giforkids.com)

**GJ Tube and Site Care Instructions**

**Site Care Instructions**

**Routine Care and Instructions:**

* Wash hands thoroughly.
* Remove any dressings or covers being careful not to disturb the tube.
* Cleanse the skin around the tube daily with soap and water and pat dry unless otherwise directed.
* Apply ointment/cream if instructed by your provider.
* **DO NOT ROTATE THE TUBE.**
* Check the tube site every day for signs of redness, soreness, swelling or unusual drainage.
* Report any concerns to your provider.

**Tube Care and Instructions**

**Routine Care and Instructions:**

* Every week, check the balloon to ensure that it has the recommended amount of water and that the water is clear water, not cloudy or discolored.
	+ If there is not enough water, refill to recommended amount.
	+ If discolored, discard water, reinflate balloon with new water, and notify your provider.
* Flush tube with water before and/or after feedings and medications as instructed by your provider.
* GJ tubes should routinely be replaced every 3 months on average to prevent failure of the balloon.
	+ These changes may be done in the office (if appropriate or in the hospital)
	+ Please contact your providers office to schedule these changes.

**If the tube becomes clogged:**

* Check for a kink or bend in the formula tubing.
* Use a pulsating push-and-pull motion with warm water or Sprite to try to unblock the tube.
	+ If it remains clogged, please call our office for further instructions.

**If a GJ-tube becomes dislodged: Contact our office as soon as possible to schedule the replacement.**

*\*If you do not have a G-Tube or foley catheter and are unable to re-use the tube that was dislodged, please proceed to your local Emergency Department to have a new one placed\**

* Wash hands thoroughly and put on gloves.
* Apply surgical lube to the tip of the G-tube, Foley catheter, or GJ tube.
	+ If you are using a catheter or the dislodged GJ tube
		- Insert GJ tube or catheter approximately 2-3 inches into the stoma and secure with tape and/or abdominal binder.
	+ If you are using a G-tube
		- Insert G-tube into stoma and inflate the balloon with the recommended amount of water.

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| **Tube Manufactuer** | **French Size** | **Length in cm** | **Recommended fill amount** |
| **Mic-Key (Avanos)** |  | **15, 22, 30** | **5 ml** |
| **Mic-Key (Avanos)** |  | **45** | **7-10 ml** |
| **AMT** | **14, 16** |  | **3-5 ml** |
| **AMT** | **18** |  | **7-9 ml** |

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