Nutrition Counseling
New Patient Packet

If you are recieveing this packet, you have been referred to see our Registered Dietitian. Madden Wilson is the Registered and Licensed Dietitian/Nutritionist at GI for Kids. She is also certified to manage nutrition support (tube feedings and TPN). You may have been referred to see Madden for one of the following reasons:

- Education on general healthy eating
- Weight concerns (overweight or underweight)
- Feeding concerns (picky eating, dysphagia, special diet)
- Food Allergies
- New diagnosis requiring nutrition education (EoE, Celiac Disease, IBD, Fatty Liver)
- Tube feeding or TPN management
- Other or self-referral

It is important to keep your scheduled appoitment(s) with Madden. Depending on your individualized concerns, you may meet with the dietitian one time or on a regular basis.

Please fill out this packet prior to your visit with Madden. If possible, return to her via email or fax at least 24 hours before your appointment. If this is not possible, please bring this packet with you to your appointment.

Madden Wilson RDN, LDN, CNSC

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Nutrition Counseling New Patient

Full Name: _____

Please list any specific nutrition concerns you have:

Do you follow a special diet or have any dietary restrictions? If so, please list here:

Please list any vitamins or dietary supplements you are taking:

Please check if **you** have been diagnosed with any of the following:

- ☐ Food Allergies (please list if yes)
- ☐ Celiac disease
- ☐ Diabetes
- ☐ Chron's/Ulcerative Colitis
- ☐ IBS
- ☐ PCOS
- ☐ High Blood Pressure

Please check if you have a **family history** of any of the following:

- ☐ Celiac disease
- ☐ Chron's or Ulcerative Colitis
- ☐ Diabetes
- ☐ High Blood Pressure
- ☐ Heart Disease

Three Day Food Diary

I am on:

- ☐ An oral diet
- ☐ Tube feeding
- ☐ TPN

Time	Description	Amount	Notes/Symptoms

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